



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Horn, Max

Club: J.S.-Bach Schule SV 09 Arnstadt

Number: 128

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 29:21

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 29 (of 41)

Rank in course/Men: 22 (of 29)

Best time in course: 16:43

Rank in category: 2(of 3)

Best time in the category: 28:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:44	4:52	1	-	18	2:18	1.38	6:44	4:52	1	-	18	2:18
Lap 2	2.34	14:19	6:07	2	0:49	23	6:22	3.72	21:03	5:39	2	0:47	22	8:40
Last lap Finish	1.28	8:18	6:29	3	0:28	26	3:58	5.00	29:21	5:52	2	1:15	22	12:38