



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Dittrich, Eric

Club: Allein

Number: 143

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 29:25

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 30 (of 41)

Rank in course/Men: 23 (of 29)

Best time in course: 16:43

Rank in category: 3(of 3)

Best time in the category: 28:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:48	4:55	3	0:04	20	2:22	1.38	6:48	4:55	3	0:04	20	2:22
Lap 2	2.34	14:22	6:08	3	0:52	24	6:25	3.72	21:10	5:41	3	0:54	23	8:47
Last lap Finish	1.28	8:15	6:26	2	0:25	25	3:55	5.00	29:25	5:53	3	1:19	23	12:42