



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

HARTMANN, Peggy

Club: Die flinken Gerataler

Number: 109

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 30:00

Speed: 10.00 km/h

Running performance: 6:00 min/km

Rank in course/Total: 34 (of 41)

Rank in course/Women: 8 (of 12)

Best time in course: 23:32

Rank in category: 2(of 2)

Best time in the category: 25:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	7:21	5:19	2	1:16	8	1:20	1.38	7:21	5:19	2	1:16	8	1:20
Lap 2	2.34	14:45	6:18	2	2:11	8	3:28	3.72	22:06	5:56	2	3:27	8	4:48
Last lap Finish	1.28	7:54	6:10	2	0:41	8	1:40	5.00	30:00	6:00	2	4:08	8	6:28