



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Ublworm, Marcel

Club: Melissantes Gym 5b

Number: 26

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Kinder M11 (11 Jahre)

Total time: 13:35

Speed: 13.25 km/h

Running performance: 4:32 min/km

Rank in course/Total: 7 (of 39)

Rank in course/Men: 6 (of 16)

Best time in course: 11:37

Rank in category: 1(of 6)

Best time in the category: 13:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	7:28	4:20	2	0:03	6	1:03	1.72	7:28	4:20	2	0:03	6	1:03
Last lap Finish	1.28	6:07	4:46	1	-	6	0:55	3.00	13:35	4:31	1	-	6	1:58