



# 28. Arnstädter Citylauf

Arnstadt / 28.04.2018

## Detailed evaluation

**JANKE, Eberhard**

Club: ZahnPAHN.de

Number: 113

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 32:29

Speed: 9.24 km/h

Running performance: 6:30 min/km

Rank in course/Total: 39 (of 41)

Rank in course/Men: 27 (of 29)

Best time in course: 16:43

Rank in category: 1(of 1)

Best time in the category: 32:29

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.38	7:40	5:33	1	-	25	3:14	1.38	7:40	5:33	1	-	25	3:14
Lap 2	2.34	15:31	6:37	1	-	27	7:34	3.72	23:11	6:13	1	-	27	10:48
Last lap Finish	1.28	9:18	7:15	1	-	27	4:58	5.00	32:29	6:29	1	-	27	15:46