



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Pawlowski, Lukas

Total time: 39:53

Number: 298

Speed: 15.04 km/h

Running performance: 3:59 min/km

Course: 10.00 km

Rank in course/Total: 5 (of 96)

n3 10-km-Lauf

Rank in course/Men: 5 (of 62)

Category:

Best time in course: 35:39

Senioren M35 (35-39 Jahre)

Rank in category: 3(of 7)

Best time in the category: 35:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time				Pos Men	Behind Men
Lap 1	1.67	fehlt!	-	-	-	-	-	1.67	-	-	-	-	-	-
Lap 2	2.35	fehlt!	-	-	-	-	-	4.02	-	-	-	-	-	-
Lap 3	2.35	fehlt!	-	-	-	-	-	6.37	-	-	-	-	-	-
Lap 4	2.35	fehlt!	-	-	-	-	-	8.72	-	-	-	-	-	-
Last lap Finish	1.28	39:53	31:09	7	35:06	61	35:06	10.00	39:53	3:59	3	4:14	5	4:14