



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Reinhardt, Kira

Club: SV 1899 Mühlhausen

Number: 268

Course: 10.00 km

n3 10-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 39:56

Speed: 15.03 km/h

Running performance: 3:59 min/km

Rank in course/Total: 6 (of 96)

Rank in course/Women: 1 (of 34)

Best time in course: 39:56

Rank in category: 1(of 12)

Best time in the category: 39:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	6:05	3:38	1	-	1	-	1.67	6:05	3:38	1	-	1	-
Lap 2	2.35	9:12	3:54	1	-	1	-	4.02	15:17	3:48	1	-	1	-
Lap 3	2.35	9:29	4:02	1	-	1	-	6.37	24:46	3:53	1	-	1	-
Lap 4	2.35	9:46	4:09	1	-	1	-	8.72	34:32	3:57	1	-	1	-
Last lap Finish	1.28	5:24	4:13	1	-	1	-	10.00	39:56	3:59	1	-	1	-