



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

MEUCHAU, Max

Club: LSV Lok Arnstadt

Number: 8

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 13:50

Speed: 13.01 km/h

Running performance: 4:37 min/km

Rank in course/Total: 8 (of 39)

Rank in course/Men: 7 (of 16)

Best time in course: 11:37

Rank in category: 2(of 2)

Best time in the category: 13:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	7:29	4:21	1	-	7	1:04	1.72	7:29	4:21	1	-	7	1:04
Last lap Finish	1.28	6:21	4:57	2	0:26	7	1:09	3.00	13:50	4:36	2	0:26	7	2:13