



Detailed evaluation

Foos, Micha

Club: JenBike racing

Number: 225

Course: 75.00 km

Expert

Category:

Senioren I

Total time: 3:48:27

Speed: 19.70 km/h

Rank in course/Total: 3 (of 12)

Rank in course/Men: 3 (of 12)

Best time in course: 3:26:21

Rank in category: 2(of 5)

Best time in the category: 3:44:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
K3 - Schleife A	5.50	16:24	18.29	2	0:18	4	1:10	5.50	16:24	18.29	2	0:18	4	1:10	
K2 Runde	6.50	18:23	19.58	3	0:12	4	1:26	12.00	34:47	20.70	2	0:30	3	2:36	
K5 - Schleife B 1	8.00	24:37	19.50	2	0:28	3	2:35	20.00	59:24	20.20	2	0:58	3	5:11	
K6 - Schleife B 2	3.00	11:05	16.24	2	0:22	4	0:57	23.00	1:10:29	19.58	2	1:20	3	6:08	
K7 - Schleife B 3	3.00	4:42	38.30	1	-	3	0:14	26.00	1:15:11	20.75	2	1:01	3	6:22	
K2 Runde	7.00	21:57	19.13	1	-	2	1:26	33.00	1:37:08	20.38	2	0:58	3	7:48	
K5 - Schleife B 1	8.00	24:32	19.57	1	-	2	1:36	41.00	2:01:40	20.22	2	0:36	3	9:24	
K6 - Schleife B 2	3.00	11:09	16.14	2	0:16	5	0:54	44.00	2:12:49	19.88	2	0:52	3	10:18	
K7 - Schleife B 3	3.00	4:50	37.24	2	0:02	3	0:23	47.00	2:17:39	20.49	2	0:54	3	10:41	
K2 Runde	7.00	23:05	18.19	2	0:59	3	2:28	54.00	2:40:44	20.16	2	1:53	3	13:09	
K5 - Schleife B 1	8.00	26:45	17.94	2	1:16	4	3:43	62.00	3:07:29	19.84	2	3:09	3	16:52	
K6 - Schleife B 2	3.00	12:01	14.98	4	0:10	6	1:37	65.00	3:19:30	19.55	2	3:13	3	18:29	
K7 - Schleife B 3	3.00	5:11	34.73	3	0:08	4	0:38	68.00	3:24:41	19.93	2	3:21	3	19:07	
Marktplatz	7.00	23:46	17.67	3	0:26	5	2:59	75.00	3:48:27	19.70	2	3:47	3	22:06	