



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hesse, Lucas

Club: Ilseburg
Number: 901

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 17:51

Speed: 13.11 km/h
Running performance: 4:35 min/km

Rank in course/Total: 11 (of 43)

Rank in course/Men: 7 (of 22)

Best time in course: 13:59

Rank in category: 1(of 2)

Best time in the category: 17:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time		
Prinzess Ilse Que	1.90	9:16	4:52	1	-	9	2:17	1.90	9:16	4:52	1	-	9	2:17
Ilseburg/Markt	2.00	8:35	4:17	1	-	5	1:35	3.90	17:51	4:34	1	-	7	3:52