



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Finkensiep, Dirk

Club: LT Ümminger See
Number: 874

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 21:51

Speed: 10.71 km/h
Running performance: 5:36 min/km

Rank in course/Total: 21 (of 43)

Rank in course/Men: 15 (of 22)

Best time in course: 13:59

Rank in category: 1(of 1)

Best time in the category: 21:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	11:08	5:51	1	-	16	4:09	1.90	11:08	5:51	1	-	16	4:09
Ilseburg/Markt	2.00	10:43	5:21	1	-	15	3:43	3.90	21:51	5:36	1	-	15	7:52