



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kilian, Elke

Club: NIX Tun Kann JEDER
Number: 915

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 22:40

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 24 (of 43)
Rank in course/Women: 8 (of 21)
Best time in course: 16:30

Rank in category: 1(of 2)
Best time in the category: 22:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	11:59	6:18	1	-	9	3:36	1.90	11:59	6:18	1	-	9	3:36
Ilseburg/Markt	2.00	10:41	5:20	1	-	8	2:34	3.90	22:40	5:48	1	-	8	6:10