



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Dibowski, Lucas

Club: Ilseburg  
Number: 871

Course: 3.90 km  
3,9 km - Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 23:53

Speed: 9.80 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 28 (of 43)

Rank in course/Men: 19 (of 22)

Best time in course: 13:59

Rank in category: 7(of 7)

Best time in the category: 17:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time	min/km	Cat.
Prinzess Ilse Que	1.90	11:59	6:18	7	3:16	18	5:00	1.90	11:59	6:18	7	3:16	18	5:00
Ilseburg/Markt	2.00	11:54	5:57	6	3:14	19	4:54	3.90	23:53	6:07	7	6:15	19	9:54