



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Wadehn, Martina

Club: Ilseburg
Number: 886

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 25:30

Speed: 7.06 km/h
Running performance: 6:32 min/km

Rank in course/Total: 31 (of 43)
Rank in course/Women: 12 (of 21)
Best time in course: 16:30
Rank in category: 3(of 5)
Best time in the category: 22:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women				km	Time		
Prinzess Ilse Que	1.90	13:44	7:13	3	2:11	15	5:21	1.90	13:44	7:13	3	2:11	15	5:21
Ilseburg/Markt	2.00	11:46	5:53	4	1:06	11	3:39	3.90	25:30	6:32	3	3:17	12	9:00