



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Holz, Volker

Club: NIX tun kann JEDER
Number: 888

Course: 3.90 km
3,9 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 27:19

Speed: 6.59 km/h
Running performance: 7:00 min/km

Rank in course/Total: 37 (of 43)

Rank in course/Men: 21 (of 22)

Best time in course: 13:59

Rank in category: 2(of 2)

Best time in the category: 13:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	14:45	7:45	2	7:46	21	7:46	1.90	14:45	7:45	2	7:46	21	7:46
Ilseburg/Markt	2.00	12:34	6:16	2	5:34	21	5:34	3.90	27:19	7:00	2	13:20	21	13:20