



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Munkwitz, Heike

Club: Wunsch Team  
Number: 880

Course: 3.90 km  
3,9 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 31:57

Speed: 5.63 km/h  
Running performance: 8:11 min/km

Rank in course/Total: 40 (of 43)  
Rank in course/Women: 18 (of 21)  
Best time in course: 16:30

Rank in category: 1(of 1)  
Best time in the category: 31:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	16:28	8:39	1	-	18	8:05	1.90	16:28	8:39	1	-	18	8:05
Ilseburg/Markt	2.00	15:29	7:44	1	-	17	7:22	3.90	31:57	8:11	1	-	18	15:27