48. Brockenlauf

Ilsenburg / 01.09.2018

Detailed evaluation

Falarzik, Ortrud

Club: GZBW-Runners
Number: 873

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 32:30

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 41 (of 43)
Rank in course/Women: 19 (of 21)
Best time in course: 16:30

Rank in category: 2(of 2)
Best time in the category: 22:40

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	16:57	8:55	2	4:58	19	8:34	1.90	16:57	8:55	2	4:58	19	8:34
Ilsenburg/Markt	2.00	15:33	7:46	2	4:52	18	7:26	3.90	32:30	8:20	2	9:50	19	16:00