



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Arab, Fazei Ahmad

Club: Königshütte
Number: 625

Course: 9.60 km
9,6 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 42:26

Speed: 12.73 km/h
Running performance: 4:25 min/km

Rank in course/Total: 14 (of 230)

Rank in course/Men: 14 (of 136)

Best time in course: 34:12

Rank in category: 5(of 8)

Best time in the category: 37:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	21:14	5:10	5	2:27	13	4:10	4.10	21:14	5:10	5	2:27	13	4:10
Loddenke	2.20	8:27	3:50	5	0:57	16	1:39	6.30	29:41	4:42	6	3:24	14	5:49
Ilseburg/Markt	3.30	12:45	3:51	5	1:15	12	2:25	9.60	42:26	4:25	5	4:39	15	8:14