



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hefmler, Tino

Club: Wernigerode
Number: 671

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 44:05

Speed: 12.25 km/h
Running performance: 4:35 min/km

Rank in course/Total: 22 (of 230)

Rank in course/Men: 19 (of 136)

Best time in course: 34:12

Rank in category: 4(of 16)

Best time in the category: 36:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:19	5:26	4	4:35	22	5:15	4.10	22:19	5:26	4	4:35	22	5:15
Loddenke	2.20	8:32	3:52	4	1:12	19	1:44	6.30	30:51	4:53	4	5:47	20	6:59
Ilseburg/Markt	3.30	13:14	4:00	4	2:07	18	2:54	9.60	44:05	4:35	4	7:54	20	9:53