



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Wilbert, Uwe

Club: Hurricane Holsen
Number: 861

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 45:01

Speed: 12.80 km/h
Running performance: 4:41 min/km

Rank in course/Total: 24 (of 230)

Rank in course/Men: 21 (of 136)

Best time in course: 34:12

Rank in category: 1(of 4)

Best time in the category: 45:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:30	5:43	1	-	29	6:26	4.10	23:30	5:43	1	-	29	6:26
Loddenke	2.20	8:17	3:45	1	-	10	1:29	6.30	31:47	5:02	1	-	23	7:55
Ilseburg/Markt	3.30	13:14	4:00	1	-	18	2:54	9.60	45:01	4:41	1	-	22	10:49