



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schirbel, Thomas

Club: Wernigerode
Number: 750

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 46:41

Speed: 11.57 km/h
Running performance: 4:52 min/km

Rank in course/Total: 34 (of 230)

Rank in course/Men: 31 (of 136)

Best time in course: 34:12

Rank in category: 2(of 16)

Best time in the category: 46:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	24:10	5:53	3	0:35	35	7:06	4.10	24:10	5:53	3	0:35	35	7:06
Loddenke	2.20	8:39	3:55	2	0:16	23	1:51	6.30	32:49	5:12	2	0:04	32	8:57
Ilseburg/Markt	3.30	13:52	4:12	2	0:42	30	3:32	9.60	46:41	4:51	2	0:40	32	12:29