



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kolde, Katharina

Club: Ilseburg
Number: 693

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 48:29

Speed: 11.88 km/h
Running performance: 5:03 min/km

Rank in course/Total: 40 (of 230)

Rank in course/Women: 4 (of 94)

Best time in course: 42:41

Rank in category: 2(of 9)

Best time in the category: 43:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	24:37	6:00	2	2:10	5	3:51	4.10	24:37	6:00	2	2:10	5	3:51
Loddenke	2.20	9:32	4:19	2	0:59	5	1:08	6.30	34:09	5:25	2	3:09	4	4:52
Ilseburg/Markt	3.30	14:20	4:20	2	1:23	6	1:23	9.60	48:29	5:03	2	4:32	4	5:48