



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Pfeffer, Andreas

Club: Für Tilda  
Number: 732

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 48:37

Speed: 11.11 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 43 (of 230)

Rank in course/Men: 39 (of 136)

Best time in course: 34:12

Rank in category: 8(of 14)

Best time in the category: 41:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:04	6:06	9	4:10	49	8:00	4.10	25:04	6:06	9	4:10	49	8:00
Loddenke	2.20	8:59	4:04	6	0:42	28	2:11	6.30	34:03	5:24	7	4:52	38	10:11
Ilseburg/Markt	3.30	14:34	4:24	8	2:15	46	4:14	9.60	48:37	5:03	8	6:48	40	14:25