



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kuthe-Schulz, Birger

Club: Für Tilda
Number: 705

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 48:36

Speed: 11.11 km/h
Running performance: 5:04 min/km

Rank in course/Total: 42 (of 230)

Rank in course/Men: 38 (of 136)

Best time in course: 34:12

Rank in category: 7(of 14)

Best time in the category: 41:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	24:44	6:01	8	3:50	45	7:40	4.10	24:44	6:01	8	3:50	45	7:40	
Loddenke	2.20	9:25	4:16	8	1:08	38	2:37	6.30	34:09	5:25	8	4:58	40	10:17	
Ilseburg/Markt	3.30	14:27	4:22	6	2:08	42	4:07	9.60	48:36	5:03	7	6:47	39	14:24	