



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Hagemeister, Norbert

Club: Erfurt  
Number: 811

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 52:10

Speed: 11.04 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 72 (of 230)

Rank in course/Men: 61 (of 136)

Best time in course: 34:12

Rank in category: 6(of 19)

Best time in the category: 42:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:04	6:21	6	4:49	55	9:00	4.10	26:04	6:21	6	4:49	55	9:00
Loddenke	2.20	10:16	4:40	6	1:49	57	3:28	6.30	36:20	5:46	5	6:38	55	12:28
Ilseburg/Markt	3.30	15:50	4:47	8	2:47	67	5:30	9.60	52:10	5:26	6	9:25	62	17:58