



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Papies, Nick

Club: SchiekepannElf
Number: 731

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 52:50

Speed: 10.22 km/h
Running performance: 5:30 min/km

Rank in course/Total: 76 (of 230)

Rank in course/Men: 63 (of 136)

Best time in course: 34:12

Rank in category: 4(of 8)

Best time in the category: 42:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:19	6:39	6	6:25	69	10:15	4.10	27:19	6:39	6	6:25	69	10:15
Loddenke	2.20	10:13	4:38	4	1:56	54	3:25	6.30	37:32	5:57	4	8:21	63	13:40
Ilseburg/Markt	3.30	15:18	4:38	5	2:13	62	4:58	9.60	52:50	5:30	4	10:34	64	18:38