



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Heise, Ruth

Club: MSV Eintracht Halberstadt
Number: 672

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 53:51

Speed: 10.70 km/h
Running performance: 5:37 min/km

Rank in course/Total: 86 (of 230)

Rank in course/Women: 20 (of 94)

Best time in course: 42:41

Rank in category: 1(of 1)

Best time in the category: 53:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:23	6:40	1	-	21	6:37	4.10	27:23	6:40	1	-	21	6:37
Loddenke	2.20	10:35	4:48	1	-	17	2:11	6.30	37:58	6:01	1	-	19	8:41
Ilseburg/Markt	3.30	15:53	4:48	1	-	22	2:56	9.60	53:51	5:36	1	-	20	11:10