



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Liebecke, Isabel

Club: Ilseburg
Number: 1197

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 54:45

Speed: 10.52 km/h
Running performance: 5:42 min/km

Rank in course/Total: 95 (of 230)

Rank in course/Women: 24 (of 94)

Best time in course: 42:41

Rank in category: 6(of 11)

Best time in the category: 50:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:33	6:43	5	1:08	24	6:47	4.10	27:33	6:43	5	1:08	24	6:47
Loddenke	2.20	10:56	4:58	6	1:46	23	2:32	6.30	38:29	6:06	5	2:21	23	9:12
Ilseburg/Markt	3.30	16:16	4:55	8	2:19	32	3:19	9.60	54:45	5:42	6	4:40	24	12:04