



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Dickehut, Nancy

Club: Für Tilda
Number: 644

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 54:58

Speed: 10.48 km/h
Running performance: 5:44 min/km

Rank in course/Total: 97 (of 230)

Rank in course/Women: 26 (of 94)

Best time in course: 42:41

Rank in category: 4(of 13)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:40	6:44	4	6:54	25	6:54	4.10	27:40	6:44	4	6:54	25	6:54
Loddenke	2.20	11:19	5:08	5	2:48	32	2:55	6.30	38:59	6:11	4	9:42	25	9:42
Ilseburg/Markt	3.30	15:59	4:50	5	2:35	25	3:02	9.60	54:58	5:43	4	12:17	26	12:17