



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Neuberger, Thomas

Club: Ilseide
Number: 726

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 56:31

Speed: 9.55 km/h
Running performance: 5:53 min/km

Rank in course/Total: 109 (of 230)

Rank in course/Men: 79 (of 136)

Best time in course: 34:12

Rank in category: 3(of 11)

Best time in the category: 48:35

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:09	6:51	3	4:26	79	11:05	4.10	28:09	6:51	3	4:26	79	11:05
Loddenke	2.20	11:45	5:20	3	1:53	87	4:57	6.30	39:54	6:19	3	6:19	83	16:02
Ilseburg/Markt	3.30	16:37	5:02	3	1:57	82	6:17	9.60	56:31	5:53	3	7:56	80	22:19