



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Keddy, Aaron

Club: Team Erdinger Alkoholfrei
Number: 689

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 56:43

Speed: 9.52 km/h
Running performance: 5:55 min/km

Rank in course/Total: 111 (of 230)

Rank in course/Men: 81 (of 136)

Best time in course: 34:12

Rank in category: 14(of 16)

Best time in the category: 36:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:26	6:41	11	9:42	72	10:22	4.10	27:26	6:41	11	9:42	72	10:22
Loddenke	2.20	12:25	5:38	15	5:05	108	5:37	6.30	39:51	6:19	14	14:47	81	15:59
Ilseburg/Markt	3.30	16:52	5:06	14	5:45	87	6:32	9.60	56:43	5:54	14	20:32	82	22:31