



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Jahnke, Tom

Club: Erfurt  
Number: 685

Course: 9.60 km  
9,6 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 57:08

Speed: 10.08 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 115 (of 230)

Rank in course/Men: 84 (of 136)

Best time in course: 34:12

Rank in category: 15(of 16)

Best time in the category: 36:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	27:29	6:42	12	9:45	73	10:25	4.10	27:29	6:42	12	9:45	73	10:25
Loddenke	2.20	12:35	5:43	16	5:15	112	5:47	6.30	40:04	6:21	16	15:00	86	16:12
Ilseburg/Markt	3.30	17:04	5:10	15	5:57	90	6:44	9.60	57:08	5:57	15	20:57	85	22:56