



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Kneller, Barbara

Club: Turnerbund Hamburg Eilbeck
Number: 821

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 57:19

Speed: 9.42 km/h
Running performance: 5:58 min/km

Rank in course/Total: 120 (of 230)

Rank in course/Women: 33 (of 94)

Best time in course: 42:41

Rank in category: 6(of 11)

Best time in the category: 49:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Women	Cat.	Women	km	Time	min/km	Cat.	Women	Cat.	Women			
Ilsestein	4.10	28:04	6:50	6	28	3:35	7:18	4.10	28:04	6:50	6	28	3:35	7:18			
Loddenke	2.20	12:24	5:38	8	53	2:36	4:00	6.30	40:28	6:25	7	35	5:28	11:11			
Ilseburg/Markt	3.30	16:51	5:06	6	39	2:34	3:54	9.60	57:19	5:58	6	33	8:02	14:38			