



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kresin, Mandy

Club: Magdeburg
Number: 702

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 57:39

Speed: 9.37 km/h
Running performance: 6:01 min/km

Rank in course/Total: 122 (of 230)

Rank in course/Women: 35 (of 94)

Best time in course: 42:41

Rank in category: 3(of 9)

Best time in the category: 43:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:10	7:06	3	7:14	35	8:24	4.10	29:10	7:06	3	7:14	35	8:24
Loddenke	2.20	10:51	4:55	2	2:27	20	2:27	6.30	40:01	6:21	3	9:41	31	10:44
Ilseburg/Markt	3.30	17:38	5:20	3	4:07	50	4:41	9.60	57:39	6:00	3	13:48	35	14:58