



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

**Kölsch, Martina**

Club: LC Solbad Ravensberg  
Number: 695

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 57:59

Speed: 9.31 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 126 (of 230)

Rank in course/Women: 37 (of 94)

Best time in course: 42:41

Rank in category: 2(of 7)

Best time in the category: 55:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:45	7:15	2	0:47	41	8:59	4.10	29:45	7:15	2	0:47	41	8:59
Loddenke	2.20	12:01	5:27	3	0:44	44	3:37	6.30	41:46	6:37	2	1:31	40	12:29
Ilseburg/Markt	3.30	16:13	4:54	2	0:49	30	3:16	9.60	57:59	6:02	2	2:20	37	15:18