



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Mertins, Bruno

Club: Staßfurt
Number: 718

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 58:13

Speed: 9.28 km/h
Running performance: 6:04 min/km

Rank in course/Total: 128 (of 230)

Rank in course/Men: 91 (of 136)

Best time in course: 34:12

Rank in category: 11(of 14)

Best time in the category: 34:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:36	7:13	11	12:32	94	12:32	4.10	29:36	7:13	11	12:32	94	12:32
Loddenke	2.20	12:02	5:28	11	5:14	95	5:14	6.30	41:38	6:36	11	17:46	92	17:46
Ilseburg/Markt	3.30	16:35	5:01	9	6:15	79	6:15	9.60	58:13	6:03	11	24:01	92	24:01