



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Laube, Sophia

Club: MSV Eintracht Halberstadt  
Number: 854

Course: 9.60 km  
9,6 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 58:52

Speed: 9.17 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 130 (of 230)

Rank in course/Women: 39 (of 94)

Best time in course: 42:41

Rank in category: 8(of 11)

Best time in the category: 50:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:47	7:30	10	4:22	47	10:01	4.10	30:47	7:30	10	4:22	47	10:01
Loddenke	2.20	11:32	5:14	8	2:22	38	3:08	6.30	42:19	6:43	8	6:11	43	13:02
Ilseburg/Markt	3.30	16:33	5:00	9	2:36	34	3:36	9.60	58:52	6:07	8	8:47	39	16:11