



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Dillge, Mareike

Club: Gifhorn Runners  
Number: 646

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 59:10  
Speed: 9.13 km/h  
Running performance: 6:10 min/km  
Rank in course/Total: 131 (of 230)  
Rank in course/Women: 40 (of 94)  
Best time in course: 42:41  
Rank in category: 4(of 9)  
Best time in the category: 43:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:46	7:15	4	7:19	42	9:00	4.10	29:46	7:15	4	7:19	42	9:00
Loddenke	2.20	12:02	5:28	5	3:29	45	3:38	6.30	41:48	6:38	4	10:48	41	12:31
Ilseburg/Markt	3.30	17:22	5:15	4	4:25	44	4:25	9.60	59:10	6:09	4	15:13	40	16:29