



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hoppstock, Lisa

Club: Wernigerode
Number: 864

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 59:14

Speed: 9.72 km/h
Running performance: 6:10 min/km

Rank in course/Total: 132 (of 230)

Rank in course/Women: 41 (of 94)

Best time in course: 42:41

Rank in category: 9(of 11)

Best time in the category: 50:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:14	7:22	9	3:49	46	9:28	4.10	30:14	7:22	9	3:49	46	9:28
Loddenke	2.20	12:26	5:39	9	3:16	54	4:02	6.30	42:40	6:46	9	6:32	45	13:23
Ilseburg/Markt	3.30	16:34	5:01	10	2:37	35	3:37	9.60	59:14	6:10	9	9:09	41	16:33