



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Giersch, Katja

Club: Bremen
Number: 664

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 59:33

Speed: 9.07 km/h
Running performance: 6:12 min/km

Rank in course/Total: 134 (of 230)

Rank in course/Women: 42 (of 94)

Best time in course: 42:41

Rank in category: 7(of 13)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:24	7:39	8	10:38	52	10:38	4.10	31:24	7:39	8	10:38	52	10:38
Loddenke	2.20	12:13	5:33	8	3:42	47	3:49	6.30	43:37	6:55	8	14:20	51	14:20
Ilseburg/Markt	3.30	15:56	4:49	4	2:32	24	2:59	9.60	59:33	6:12	7	16:52	42	16:52