



# 48. Brockenlauf

Ilseburg / 01.09.2018

## Detailed evaluation

**Schnake, Gerd**

Club: Hurricane Holsen  
Number: 756

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 59:54

Speed: 9.02 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 139 (of 230)

Rank in course/Men: 95 (of 136)

Best time in course: 34:12

Rank in category: 2(of 13)

Best time in the category: 55:08

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	30:38	7:28	6	3:13	107	13:34	4.10	30:38	7:28	6	3:13	107	13:34
Loddenke	2.20	12:13	5:33	5	0:57	102	5:25	6.30	42:51	6:48	4	4:10	102	18:59
Ilseburg/Markt	3.30	17:03	5:10	2	0:36	89	6:43	9.60	59:54	6:14	3	21:26	96	25:42