



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

**Bensing, Paul**

Club: Grün Weiß Ilseburg  
Number: 1054

Course: 1.80 km  
1,8 km - Lauf

Category:  
männliche Kinder U10 (8-9 Jahre)

Total time: 9:23

Speed: 11.51 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 50 (of 117)

Rank in course/Men: 35 (of 69)

Best time in course: 6:23

Rank in category: 19(of 32)

Best time in the category: 6:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Blochhauer	0.90	5:03	5:36	23	1:35	42	1:38	0.90	5:03	5:36	23	1:35	70	1:38
Ilseburg/Markt	0.90	4:20	4:48	18	1:01	32	1:23	1.80	9:23	5:12	19	2:36	35	3:00