



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hertel, Thomas

Club: Möser
Number: 679

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:00:42

Speed: 8.90 km/h
Running performance: 6:19 min/km

Rank in course/Total: 146 (of 230)

Rank in course/Men: 100 (of 136)

Best time in course: 34:12

Rank in category: 5(of 11)

Best time in the category: 48:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:03	7:19	6	6:20	99	12:59	4.10	30:03	7:19	6	6:20	99	12:59
Loddenke	2.20	13:09	5:58	9	3:17	118	6:21	6.30	43:12	6:51	7	9:37	107	19:20
Ilseburg/Markt	3.30	17:30	5:18	5	2:50	95	7:10	9.60	1:00:42	6:19	5	12:07	101	26:30