



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hertel, Silvia

Club: Möser
Number: 678

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 1:00:42

Speed: 8.90 km/h
Running performance: 6:19 min/km

Rank in course/Total: 147 (of 230)

Rank in course/Women: 47 (of 94)

Best time in course: 42:41

Rank in category: 1(of 6)

Best time in the category: 1:00:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:03	7:19	1	-	45	9:17	4.10	30:03	7:19	1	-	45	9:17
Loddenke	2.20	13:10	5:59	3	1:20	66	4:46	6.30	43:13	6:51	1	-	48	13:56
Ilseburg/Markt	3.30	17:29	5:17	2	0:14	47	4:32	9.60	1:00:42	6:19	1	-	47	18:01