



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Naumann, Nicole

Club: NIX tun kann JEDER
Number: 723

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:00:59

Speed: 8.85 km/h
Running performance: 6:21 min/km

Rank in course/Total: 151 (of 230)

Rank in course/Women: 48 (of 94)

Best time in course: 42:41

Rank in category: 4(of 9)

Best time in the category: 43:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:54	7:17	4	7:58	43	9:08	4.10	29:54	7:17	4	7:58	43	9:08
Loddenke	2.20	12:23	5:37	4	3:59	52	3:59	6.30	42:17	6:42	4	11:57	42	13:00
Ilseburg/Markt	3.30	18:42	5:40	7	5:11	72	5:45	9.60	1:00:59	6:21	4	17:08	48	18:18