



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Horn, Armin

Club: GZBW-Runners  
Number: 681

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:01:44

Speed: 8.75 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 163 (of 230)

Rank in course/Men: 110 (of 136)

Best time in course: 34:12

Rank in category: 8(of 11)

Best time in the category: 48:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	30:30	7:26	7	6:47	105	13:26	4.10	30:30	7:26	7	6:47	105	13:26
Loddenke	2.20	12:22	5:37	6	2:30	106	5:34	6.30	42:52	6:48	6	9:17	103	19:00
Ilseburg/Markt	3.30	18:52	5:43	9	4:12	115	8:32	9.60	1:01:44	6:25	8	13:09	111	27:32