



48. Brockenlauf
Ilsenburg / 01.09.2018

Detailed evaluation

Krutzsch, Cindy

Club: Ilsenburg
Number: 823

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:57

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 164 (of 230)

Rank in course/Women: 54 (of 94)

Best time in course: 42:41

Rank in category: 9(of 13)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:01	7:33	7	10:15	50	10:15	4.10	31:01	7:33	7	10:15	50	10:15
Loddenke	2.20	12:35	5:43	9	4:04	56	4:11	6.30	43:36	6:55	7	14:19	50	14:19
Ilsenburg/Markt	3.30	18:21	5:33	11	4:57	64	5:24	9.60	1:01:57	6:27	9	19:16	54	19:16