



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Seidel, Claudia

Club: Skiklub Oker
Number: 771

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:02:33

Speed: 8.63 km/h
Running performance: 6:31 min/km

Rank in course/Total: 171 (of 230)

Rank in course/Women: 58 (of 94)

Best time in course: 42:41

Rank in category: 10(of 13)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:43	7:44	9	10:57	55	10:57	4.10	31:43	7:44	9	10:57	55	10:57
Loddenke	2.20	13:06	5:57	12	4:35	61	4:42	6.30	44:49	7:06	10	15:32	58	15:32
Ilseburg/Markt	3.30	17:44	5:22	9	4:20	51	4:47	9.60	1:02:33	6:30	10	19:52	58	19:52