



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Wilke, Jacqueline

Club: SVB

Number: 794

Course: 9.60 km

9,6 km - Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:03:09

Speed: 9.12 km/h

Running performance: 6:35 min/km

Rank in course/Total: 174 (of 230)

Rank in course/Women: 60 (of 94)

Best time in course: 42:41

Rank in category: 11(of 13)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:20	7:53	12	11:34	64	11:34	4.10	32:20	7:53	12	11:34	64	11:34
Loddenke	2.20	12:35	5:43	9	4:04	56	4:11	6.30	44:55	7:07	11	15:38	59	15:38
Ilseburg/Markt	3.30	18:14	5:31	10	4:50	61	5:17	9.60	1:03:09	6:34	11	20:28	60	20:28