



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Genge, Silke

Club: Langeln  
Number: 810

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:03:32

Speed: 9.07 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 178 (of 230)

Rank in course/Women: 62 (of 94)

Best time in course: 42:41

Rank in category: 9(of 20)

Best time in the category: 53:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:55	7:47	9	5:07	59	11:09	4.10	31:55	7:47	9	5:07	59	11:09
Loddenke	2.20	13:00	5:54	8	2:50	59	4:36	6.30	44:55	7:07	8	7:43	59	15:38
Ilseburg/Markt	3.30	18:37	5:38	14	2:34	69	5:40	9.60	1:03:32	6:37	9	10:10	62	20:51